



Transgender & Non-Binary Participation Policy Competitive Activity

Following a full review of the available medical science and a targeted consultation with our communities, we, British Cycling, announced in May 2023 our intention to implement a new Transgender and Non-Binary Participation Policy in respect of both our competitive and non-competitive activity.

Our aim in creating our policies has always been to advance and promote equality, diversity and inclusion, while at the same time prioritising fairness of competition. This aim has not changed: it has been central to our review and implementation work, and we remain committed to this vital principle.

The nine-month policy review was led by an internal working group, made up of a broad range of representatives from across British Cycling, Scottish Cycling and Welsh Cycling. During these nine months, the working group undertook a targeted consultation consisting of 14 focus groups and a number of one-to-one interviews (including dedicated sessions for female Race Licence holders and trans and non-binary members). We also conducted a full medical science review, followed by an assessment of the practical changes and support needed to ensure the policy's successful implementation.

The review process was independently audited to confirm the strength of its governance and supported by external legal advice.

We are committed to monitoring developments in this medical and sports policy landscape, and will review this annually or more frequently as appropriate.

For further clarification, please see [here](#). All enquiries about this policy should be sent to policies@britishcycling.org.uk.

This policy provides how British Cycling's Transgender or Non-Binary Competitors may take part in Competitive Activity within cycling.

This policy shall apply from 1 January of the year of a Competitor's 13th birthday.

For all Competitive Activity, there will be the following competition eligibility categories:

- Female; and
- Open

A Competitor may change their competition eligibility category under this Policy once a calendar year.

ELIGIBILITY CONDITIONS TO COMPETE IN OPEN CATEGORY

In respect of Competitive Activity, any Transgender and Non-Binary Competitors (and indeed all Competitors) are eligible to compete in the open category.

ELIGIBILITY CONDITIONS TO COMPETE IN FEMALE CATEGORY

In respect of Competitive Activity, to compete in the female category, the Competitor's birth sex must be female.

Once a Trans male or Non-Binary Competitor (whose birth sex is female) commences hormone treatment, they will not be eligible to participate in the female category in any Competitive Activity.

ELIGIBILITY CONDITIONS TO COMPETE INTERNATIONAL EVENTS

Any person wishing to participate in activity which is organised by or on behalf of the UCI (including, for the avoidance of doubt, most British Cycling National Championships) must comply with the UCI's eligibility policy for Transgender and Non-binary participants ("UCI Eligibility Policy). It is the Competitor's responsibility to ensure compliance with the UCI Eligibility Policy, as amended from time to time.

For the avoidance of doubt, all members of British Cycling must abide by the UK Anti-Doping Rules [2021-UK-Anti-Doping-Rules.pdf \(wtsf.org.uk\)](#). Nothing in this policy is intended to undermine or affect in any way any of the requirements of the World Anti-Doping Code [2021_code.pdf \(wada-ama.org\)](#), the WADA International Standards (including the International Standard for Therapeutic Use Exemptions) [International Standards | \(wada-ama.org\)](#) or the UK Anti-Doping Rules [2021-UK-Anti-Doping-Rules.pdf \(wtsf.org.uk\)](#).

It is a Competitor's responsibility, in close consultation with their medical team, to decide on the advisability of proceeding with any medical assessment or treatment.

In the event there is an issue that is not foreseen in this policy, it will be addressed by British Cycling in a manner that protects and promotes the principles set out above.

DEFINITIONS

Competitive Activity: shall mean any race, match, event or 'competition' (in BMX Freestyle) (or a programme thereof) which involves any element of timing, ranking, points or prize awards and which is sanctioned by British Cycling and/or held under the British Cycling General and Discipline Specific Technical Regulations.

Competitor: shall mean any person participating in Competitive Activity.

Non-binary: shall mean a person whose gender identity does not fit within a male/female binary. Non-binary identities are many and varied and can include people who identify with some aspects of binary identities or none at all.

Transgender: shall mean a person whose gender identity is different from their birth sex.

Trans female: shall mean a person whose birth sex is male but who identifies as female.

Trans male: shall mean a person whose birth sex is female but who identifies as male.

Version	Date	Modified by	Description

Approved By	Date	Next Review
Board	29/11/23	31/01/25